## 01 Find your compass.

Inventory your skills, strengths, and experiences. And, get clear on who you are, what you want to do, and why you want to do it. This allows you to source new ideas and options for the right next steps for you.

## 02 Explore routes.

Explore your top career prospects in a variety of ways. "Try it on before you buy it" to gain a real sense of the bight spots and challenges of each potential path, so that you can make a clear decision.

## 05 Navigate.

Implement your plan. Partnering together, we will navigate the practical aspects of resume updates, social media optimization, interview preparation, and negotiation. We will also address any mindset obstacles, so you can stay on track and land the role you want in a career that has meaning for you.

## 04 Map it out.

Create your plan. Strategize your path forward to your new career wth an action plan and timeline for how and when to get there.

## 03 <br> Choose a path.

Decide on your career direction with clarity, confidence and excitement. Your decision will be made based on a comprehensive foundation of the practical and innate qualities of who you are as a person and what you have learned from your exploration for sustainable, successful, and happier results.

